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For patients by patients

2022

AUGUST 5-7

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Stay in Rhythm.®**

Atrial Fibrillation Patient Conference

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**Get in Rhythm.
Stay in Rhythm.®**

Atrial Fibrillation Patient Conference



StopAfib.org is a non-profit patient advocacy organization that educates and supports those living with atrial fibrillation (afib). The organization was founded in April 2007 by Mellanie True Hills, an atrial fibrillation patient who was afib free due to a procedure.

The mission of StopAfib.org is to raise awareness of atrial fibrillation, improve patient quality of life, bridge the communication gap between patients and their healthcare team, and rid the world of afib-related strokes.

For more information and additional resources, please visit <https://www.stopafib.org>.

StopAfib.org Patient Resources

- **Get Started Learning About Atrial Fibrillation Guide:**
<https://www.stopafib.org/learn-about-afib/get-started-learning-about-afib/>
- **Afib News and Videos:**
<https://www.stopafib.org/afib-news-events/>
- **Afib Events:**
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<https://www.stopafib.org/afib-resources/patient-and-caregiver-resources/>
- **Glossary:**
<https://www.stopafib.org/afib-resources/afib-glossary/>
- **Afib Services Locator:**
<https://www.stopafib.org/find-afib-services/>
- **Patient Discussion Forum:**
<https://forum.stopafib.org/>
- **Atrial Fibrillation Blog:**
<https://www.stopafib.org/blog/>
- **StopAfib Video Library featuring webinars, master classes, and past patient conferences—sign up for a free account or access the library:**
<https://www.stopafib.org/afib-resources/videos/>
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 - o YouTube: <https://www.youtube.com/stopafib>
- **My AFib Experience in collaboration with the American Heart Association:**
<https://www.myafibexperience.org>

Medtronic

Restoring life's rhythm. With more. For more.

Visit the Medtronic booth to learn more about
AFib treatment and heart monitoring solutions.



Scan the
QR code to
learn more.



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Get in Rhythm. Stay in Rhythm.®

Atrial Fibrillation Patient Conference

GENERAL INFORMATION

We are excited to have you here for the **2022 Get in Rhythm. Stay in Rhythm.® Atrial Fibrillation Patient Conference!** We are thrilled you are joining us for this powerful, transformative weekend! Please review the information below to make the most of your time at the conference.

CUSTOMER SERVICE

The StopAfib.org Team will be available during all regularly scheduled sessions at the Resource Table at the back of the General Session room (Regency Ballroom). If you have any concerns or questions, please let us know so we can address them.

NAME BADGES

Name badges must be worn during all functions. Ribbons distinguish All-Access Attendees, Sponsors, Faculty, Partners, and Team Members. Entrance to general sessions or meals may be denied to those without a conference badge. Misplaced badges may be replaced at the Resource Table at the back of the Regency Ballroom.

SAFETY

Out of respect for some faculty members who are at high risk for COVID-19 and have requested that attendees wear masks, and in light of rising case numbers, we ask that you wear a mask for all Conference activities (except when eating and drinking).

For the safety of our faculty members (who donate their time to be here), please only approach them to ask questions if you are wearing a mask.

STAYING ON SCHEDULE

Please be respectful of your fellow attendees by being present and in your seat for the start of each session to help ensure we start on time. In addition, announcements in the foyer will alert you to program start times.

ATTIRE

The dress code for the event, including the reception, is business casual. The ballroom will be on the cool side. We encourage you to plan accordingly and bring an additional sweater, wrap, or jacket each day.

CELL PHONES

Please turn off all cell phones to avoid unnecessary disruptions.

RECORDING

The Get in Rhythm. Stay in Rhythm.® Atrial Fibrillation Patient Conference does not allow audio/video recording in the sessions via phone or recording devices.

INTERNET & COMPUTER USAGE

As a courtesy to your fellow attendees, please do NOT use laptops during the sessions. Internet will not be available in the meeting room. Instead, feel free to take advantage of the complimentary Wi-Fi in your guest room.

NETWORKING WITH OUR SPONSORS

Please make a point to meet and thank our Sponsors, all of whom provide information about products or services to help those living with atrial fibrillation. Sponsor booths are open in the Regency Ballroom Foyer during breaks and lunch. You can find more information on our sponsors in this Program Book.

GENERAL INFORMATION (cont'd)

MEAL OPTIONS

The conference will provide morning coffee and tea, mid-morning breaks Friday through Sunday, and lunch and mid-afternoon breaks Friday and Saturday.

The Fairmont's Pyramid Restaurant and Bar serves Modern American cuisine. Breakfast is available daily 6:30 am–11:30 am. Lunch is available Monday–Friday 11:30 am–1:30 pm. Dinner is available nightly in the Pyramid Bar 4:00 pm–10:00 pm, and Drinks 4:00 pm–12:00 am, or 1:00 am Friday and Saturday.

Starbucks is located in the hotel lobby (near the Ross Street entrance). It offers a full-service beverage menu along with grab-and-go items. Hours of operation are Monday–Friday 6:30 am–4:00 pm, and Saturday and Sunday 7:00 am–4:00 pm.

In-Room Dining is available 6:30 am–11:30 am for breakfast and 4:30 pm–9:30 pm for dinner.

The Terrace Pool Bar Menu is available Friday 2:00 pm–7:00 pm, Saturday 11:00 am–7:00 pm, and Sunday 11:00 am–5:00 pm.

The McKinney Avenue Trolley is free and stops just steps from the Fairmont. It goes by Whole Foods and as far as Cityplace, where there is a large Target store and Kroger. The Hotel Concierge can provide you with more details about how to catch the McKinney Avenue Trolley.

LUGGAGE STORAGE

The Fairmont guest room checkout time is 12:00 pm. Luggage Storage will be available throughout the event at the bell desk.

CONFERENCE EVALUATION

For your convenience, the Conference Evaluation form is available online at <https://www.surveymonkey.com/r/getinrhythm2022>.

CONFERENCE HASHTAG

#StopAfib22

DELAYING A CATHETER ABLATION PROCEDURE CAN BE DETRIMENTAL TO YOUR HEALTH.



What may happen if AFib is left untreated?

1 in 5

Patients progress in 1 year.³



Paroxysmal AFib is much easier to treat than Persistent AFib.



AFib is a progressive disease that may get worse and become harder to treat.



AFib may cause a wide variety of symptoms including palpitations, or racing heart beat, fatigue, shortness of breath, reduced ability to exercise, and anxiety.² If left untreated, these symptoms may get worse.



Your risk of stroke and heart failure is 5x greater.^{1,2}



Catheter ablation is a safe and effective way to treat AFib when medications don't work or cause negative side effects.²



Often performed as an outpatient procedure



12 month post-procedure success rates for catheter ablation for AFib are about 80%^{4*}



May improve quality of life and reduce symptoms²



May alleviate the need to take medication

To learn more and find a heart arrhythmia doctor, or Electrophysiologist, near you, visit www.getsmartaboutafib.com/afibpatient

As with any medical treatment, individual results may vary. Only a cardiologist or electrophysiologist can determine whether ablation is an appropriate course of treatment. There are potential risks including bleeding, swelling or bruising at the catheter insertion site, and infection. More serious complications are rare, which can include damage to the heart or blood vessels; blood clots (which may lead to stroke); heart attack, or death. These risks need to be discussed with your doctor and recovery takes time. The success of this procedure depends on many factors, including your physical condition and your body's ability to tolerate the procedure. Use care in the selection of your doctors and hospital, based on their skill and experience.

*In studies, success defined as freedom from any atrial arrhythmia (atrial fibrillation, atrial flutter, atrial tachycardia) 12 months post-procedure when operator remained in the preset contact force range. Further sub-analysis showed that when the contact force was within investigator-selected range 85% of time, success was increased by 21% to 88% (85%: n=32; <85%: n=73).

1. Atrial fibrillation and risks of cardiovascular disease, renal disease, and death: systematic review and metaanalysis. The BMJ website. Published September, 6 2016. Accessed May 19, 2020.

2. Hugh Calkins, Gerhard Hindricks, Ricardo Cappato, et al. 2017 HRS/EHRA/ECAS/APHRS/SOLAECE expert consensus statement on catheter ablation and surgical ablation of atrial fibrillation. 2017.

3. Schnabel R, Pecen L, Engler D, Lucerna M, Sellal JM et al. (2018) Atrial fibrillation patterns are associated with arrhythmia progression and clinical outcomes.

4. Natale A, Reddy VY, Monir G, Wilber DJ, Lindsay BD, McElderry HT, Kantipudi C, Mansour MC, Metry DP, Packer DL, Nakagawa H. Paroxysmal AF catheter ablation with a contact force sensing catheter: results of the prospective, multicenter SMART-AF trial. Journal of the American College of Cardiology. 2014 Aug 19;64(7):647-58. Biosense Webster, Inc. THERMOCOOL SMARTTOUCH® SF Uni-Directional Navigation Catheter Instructions For Use M5276-787XC. THERMOCOOL® Navigation Catheters are indicated for the treatment of drug refractory recurrent symptomatic paroxysmal atrial fibrillation, when used with CARTO® 3 Systems (excluding NAVISTAR® RMT THERMOCOOL® Catheter).

Important information: Prior to use, refer to the instructions for use supplied with this device for indications, contraindications, side effects, warnings and precautions.

Caution: US law restricts this device to sale by or on the order of a physician.

Biosense Webster, Inc. | 31 Technology Drive, Suite 200 Irvine, California 92618 | USA Tel: +1-909-839-8500 | Tel: +1-800-729-9010 | www.biosensewebster.com
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A close-up, high-resolution photograph of a woman's face, showing her eyes, nose, and mouth. She has a gentle smile and is looking slightly off-camera. Her hair is dark and pulled back. The image is positioned on the left side of the advertisement, with a dark blue background on the right.

The future of AFib support is here.

Adele works on your terms, at your pace, when you're ready.

Adele, your virtual AFib Advisor, is standing by 24/7 with the most current AFib treatment information, including resources on next steps and what to expect.



Meet Adele at
yourafibadvisor.com

AFib=atrial fibrillation.

Neither Sanofi nor Adele provides medical advice, diagnosis, or treatment.

sanofi

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AGENDA

All times are Central Daylight Time (CDT)

FRIDAY, AUGUST 5, 2022

8:30 AM–10:00 AM

Opening and Getting the Best Care

- Welcome and Introduction—Mellanie True Hills, CSP
- What Afib Patients Can Do to Get the Best Care—Eric Prystowsky, MD
- What Is Different in Getting Care for Different Afib Patients—Emelia Benjamin, MD
- Q&A

10:00 AM–10:30 AM

Break and Visit Sponsors

10:30 AM–12:00 PM

Managing Lifestyle to Manage Afib

- Diet, Exercise, and Other Lifestyle Issues—John Day, MD
- Sleep Apnea and Afib—Mina Chung, MD
- Q&A

12:00 PM–1:30 PM

Lunch (provided in Gold Room) and Visit Sponsors

1:30 PM–3:00 PM

Medication Approaches to Prevent Afib Risks

- Update on Medications for Preventing Afib Strokes—Marco Perez, MD
- Preventing Heart Failure—Sana Al-Khatib, MD
- Q&A

3:00 PM–3:30 PM

Break and Visit Sponsors

3:30 PM–4:20 PM

Devices for Preventing Afib Strokes

- Update on Devices for Preventing Afib Strokes—Vivek Reddy, MD
- Q&A

4:20 PM–5:00 PM

Resources and Wrap Up—Mellanie True Hills, CSP

5:00 PM–6:30 PM

VIP Reception (Gold Room)

AGENDA

All times are Central Daylight Time (CDT)

SATURDAY, AUGUST 6, 2022

8:30 AM–10:00 AM

Afib Surgery Updates

- How Patients Decide on Minimally Invasive Surgery—Randall Wolf, MD
- How Patients Decide on Open Chest/Concomitant Maze Surgery—Ralph Damiano, MD
- Q&A

10:00 AM–10:30 AM

Break and Visit Sponsors

10:30 AM–12:00 PM

Catheter Ablation Updates—Part 1

- Machine Learning in Afib Ablation: New Approaches—Sanjiv Narayan, MD
- Pulsed Field Ablation Updates & Trials—Vivek Reddy, MD
- Q&A

12:00 PM–1:30 PM

Lunch (provided in Gold Room) and Visit Sponsors

1:30 PM–3:00 PM

Catheter Ablation Updates—Part 2

- Ablation Updates & Trials—Doug Packer, MD
- How to Decide on a Catheter Ablation—Andrea Natale, MD
- Q&A

3:00 PM–3:30 PM

Break and Visit Sponsors

3:30 PM–5:00 PM

How to Participate in Afib Research and Wrap Up

- Patient-Driven Afib Research Update—Bianca J.J.M. Brundel, PhD
- Q&A
- Wrap Up—Mellanie True Hills, CSP

SUNDAY, AUGUST 7, 2022

8:30 AM–10:00 AM

Digital Health for Afib Patients

- Digital Devices in 2022: Choosing the Right Device to Optimize Your Care—Janet Han, MD
- The Promise of AI for Afib Patients—Guru Kowlgi, MBBS

10:00 AM–10:30 AM

Break and Visit Sponsors

10:30 AM–12:00 PM

Living with Afib, Takeaways, and Closing—Mellanie True Hills, CSP

There are many causes for your stroke and heart disease, but your risk increases when you suffer from Afib.

PATIENTS WITH AFIB HAVE:

5x INCREASE IN
STROKE RISK¹

5x INCREASE IN
HEART FAILURE
DEVELOPMENT²

Sources:

¹Colilla, S. et al. (2013). Estimates of current and future incidence and prevalence of atrial fibrillation in the U.S. adult population. Am J Cardiol, 112(8):1142-7.

²Odutayo, A. et al. (2016). Atrial fibrillation and risks of cardiovascular disease, renal disease, and death: systematic review and meta-analysis. BMJ; 354:i4482.

AtriCure

ERIC N. PRYSTOWSKY, MD

ADVOCATE FOR PATIENTS AWARD

The Eric N. Prystowsky, MD Advocate for Patients Award recognizes a healthcare professional who has demonstrated outstanding service to afib patients and their families.

Dr. Eric N. Prystowsky, an electrophysiologist at St. Vincent Indianapolis, was the first recipient of the Advocate for Patients Award in 2013.

He was selected because he has played an important role in getting the afib patient community a seat at the table. Hence, our concerns, wants, and needs are considered in decisions about our care. Here are just a few examples of what he has done and what it means to be an advocate for patients:

- While president of the Heart Rhythm Society arranged for patient organizations to receive free exhibit booths at the annual medical conference to connect with electrophysiologists and other healthcare professionals.
- Brought afib patients to speak at medical conferences so doctors and nurses would understand the patient's perspective and better treat us.
- Took the patient perspective to guidelines committees so our treatment would be patient-focused.
- Engaged patients in think tanks and advisory boards to influence decisions about our care.

Dr. Prystowsky is the most sought-out afib expert at global medical conferences. In addition, he is a prolific contributor to research and treatment literature. He co-authored two textbooks, published more than 700 articles, sat on numerous guidelines committees and think tanks, served on the editorial boards of 16 journals, and was Editor-in-Chief of the highly-prestigious Journal of Cardiac Electrophysiology for 15 years.

Additionally, Dr. Prystowsky and StopAfib.org have campaigned together to preserve the brain by helping patients and doctors understand the role of sinus rhythm in preventing afib-related strokes.

At the Get In Rhythm. Stay In Rhythm.® Atrial Fibrillation Patient Conference in 2016, the award was renamed in his honor. We bestow the Eric N. Prystowsky, MD Advocate for Patients Award on a very deserving healthcare professional each year.

Subsequent award recipients are:

2017: Andrea Natale, MD

2018: Doug Packer, MD

2019: Hugh Calkins, MD

2020: Frank Marchlinski, MD

2021: Emelia Benjamin, MD



Need an Alternative to Blood Thinners?

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The WATCHMAN Implant: One Time. For a Lifetime.

A one-time procedure to reduce stroke risk for people with atrial fibrillation not caused by a heart valve problem.

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Be sure to talk with your doctor about the risks and benefits associated with the WATCHMAN Implant. See additional safety information at **WATCHMAN.com**



Get back to
enjoying what
you love.



“ After my ablation with Abbott’s latest technology, I’m symptom-free, and back to enjoying the ocean. I also had an Abbott cardioverter defibrillator implanted for another issue, giving me tremendous peace of mind.

I’m not a fan of blood thinners. I’m experiencing side effects, and I’m concerned about potential complications. When I need to address stroke risk with a left atrial appendage occlusion device, I’ll be sticking with Abbott—I’m an Abbott guy through and through!

”

~ Jay King

AFib patient, Abbott engineer, and former triathlete

Stop by our booth to learn about a minimally-invasive cardiac ablation procedure that can improve your quality of life.

Feel like yourself again!



AFAnswers.com

LIVE YOUR LIFE WITH HEART

Rx Only

The information provided is not intended for medical diagnosis or treatment or as a substitute for professional medical advice. Consult with a physician or qualified healthcare provider for appropriate medical advice.

This testimonial relates an account of an individual's response to the treatment. This patient's account is genuine, typical, and documented. However, it does not provide any indication, guide, warranty or guarantee as to the response other persons may have to the treatment. Responses to the treatment discussed can and do vary and are specific to the individual patient.

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Mellanie True Hills, CSP

**Founder of StopAfib.org, Author,
Patient Advocate**

Conference Host

Following a brush with death in emergency heart surgery and a subsequent close call with a stroke due to atrial fibrillation, Mellanie True Hills left behind her high-tech executive life to use her second chance to help others avoid heart disease and stroke.

She founded the non-profit American Foundation for Women's Health and StopAfib.org, a patient advocacy organization that provides information and support for those living with atrial fibrillation (afib). She speaks at medical conferences, hospital atrial fibrillation events, and corporate and association events.

From partnering in Facing AFib featuring daytime TV star **Susan Lucci** and the AF Stat coalition featuring NBA Hall-of-Famer **Jerry West**, to following **Barry Manilow** at the lectern in front of members of Congress, atrial fibrillation and stroke awareness are real passions for Mellanie. Through StopAfib.org, the most visited heart arrhythmia site worldwide, she seeks to raise awareness of atrial fibrillation, wipe out afib-related strokes, improve quality of life of those living with afib, and enhance communication with health-care providers.

Successes include creating Atrial Fibrillation Awareness Month and lobbying with other organizations to gain U.S. Senate designation of September as National Atrial Fibrillation Awareness Month. She brings the voice of the atrial fibrillation patient community to think tanks, health policy discussions in Washington, DC, and awareness-raising coalitions and partnerships worldwide. She is the author of the multiple award-winning book, *A Woman's Guide to Saving Her Own Life: The HEART Program for Health and Longevity*, and two best-sellers, *Intranet Business Strategies* (©Wiley) and *Intranet as Groupware* (©Wiley). She is a member of the Editorial Board of the *Cardiovascular Digital Health Journal* and a regular contributor on patient perspectives to medical publications.

Twitter: @stopafib



Eliz Greene

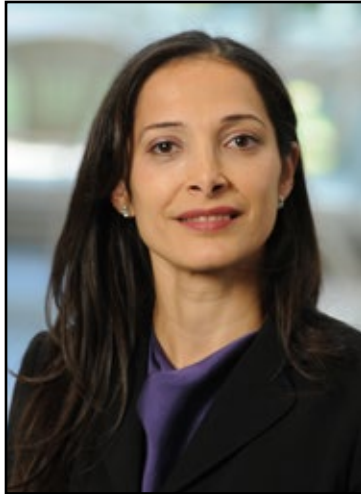
Livestream Host

Eliz was seven-months pregnant with twins when she suffered a massive heart attack. Her life changed, not only did she survive a ten-minute cardiac arrest, the cesarean delivery of her daughters and open-heart surgery, all on the same day, she also gained new perspective and passion for life. In the years since her heart attack she has dedicated herself to protecting her heart health and to inspiring others to pay attention to their health. She advocates for advancement in treatment and technology. Her life was saved through the use of Beating Heart Bypass and she currently uses an implanted loop recorder to diagnose her arrhythmia.

Eliz's humorous and energetic style makes her one of the top female motivational speakers and a dynamic hybrid event emcee. She built a successful business as a heart health speaker, journalist and author. Her articles and interviews have an international audience. Eliz's facilitated mastermind sessions leverage her business and entrepreneurial insights and high level moderation skills. Whether it is a heart health program or an entertaining stress management keynote, Eliz gets participants on their feet, dancing, and sends them home ready to do something different!

The author of four books including *The Busy Woman's Guide to a Healthy Heart* and a Top 50 Health and Wellness Blog, she was named a Top Ten Online Influencer on Stress. Eliz provides well-researched, down-to-earth tips and strategies to fit into an already busy day. She has been seen on CNN, TNT, Lifetime and The Doctors, and works with leaders and high performance teams to limit the impact of stress so they can increase productivity and feel better.

Twitter: @elizgreene



Sana Al-Khatib, MD, FHRS

Dr. Al-Khatib is a tenured Professor of Medicine at Duke University Medical Center, a board-certified clinical electrophysiologist and an experienced clinical researcher in cardiac arrhythmias. Her clinical expertise is in sudden cardiac death prevention, ventricular arrhythmias, implantable cardiac devices, and atrial fibrillation. Her research expertise lies in the design and conduct of clinical trials, outcomes research, cost-effectiveness analyses, electronic clinical decision support, and use of big data.

She completed her internship and residency in internal medicine and fellowship in cardiology and cardiac electrophysiology at Duke University Medical Center. She joined the faculty at Duke in 2000 where she has stayed for the last 21 years. She has more than 350 publications in peer-reviewed journals. Dr. Al-Khatib is a Senior Associate Editor for *Circulation* and is on the Editorial Board for *Heart Rhythm*, the *Cardiovascular Digital Health Journal*, *Circulation Arrhythmia and Electrophysiology*, *JACC EP*, and the *Journal of Cardiovascular Electrophysiology*.

Dr. Al-Khatib serves on the Heart Rhythm Society's Board of Trustees and is the current Treasurer/Secretary for the Society. She is the Executive Producer for the Heart Rhythm Society's HRX conference. She has also served on the Heart Rhythm Society Program Committee, Digital Health Committee, Health Policy Committee, and the Finance Committee. Dr. Al-Khatib chaired the 2017 American Heart Association/American College of Cardiology/Heart Rhythm Society on the Management of Ventricular Arrhythmias and the prevention of Sudden Cardiac Death.

Twitter: @SanaAlkhatib9



Emelia J. Benjamin, MD, ScM

Dr. Benjamin is a Boston University Professor of Medicine and Epidemiology and is a foremost international expert on the epidemiology of atrial fibrillation (AF). She co-leads the National Heart Lung and Blood Institutes AF Research Working Group, defining future research directions. A Framingham Study investigator, she has been NIH funded since 1998 on grants related to AF, vascular function, inflammation, mobile health, and chronic pain.

She has published >800 peer-reviewed articles and is a Clarivate Highly Cited Researcher since 2014 (h index=198). She was inducted into the Association of American Physicians in 2021. She has volunteered for the American Heart Association (AHA) since the 1990s and has led diverse research fellowships for the AHA since 2013.

She is the inaugural Associate Provost for Faculty Development, Boston University Medical Campus and co-designed and facilitates multiple longitudinal faculty development programs. She has won national awards for research, education, mentoring, and diversity, including the Alliance for Academic Internal Medicine's 2020 Diversity and Inclusion Award. She is also the 2021 recipient of the Eric N. Prystowsky, MD Advocate for Patients Award bestowed by StopAfib.org.

Twitter: @EmeliaBenjamin



Bianca Brundel, PhD

Bianca Brundel received her PhD from the University Medical Center Groningen, the Netherlands and was trained in molecular and cellular biology (VU, Amsterdam) and clinical pharmacology (UMCG). Since 2016, she is a professor at the physiology department at the Amsterdam UMC, location VU University Medical Center.

Her research is focused on the molecular mechanisms driving proteostasis derailment and pathophysiology of cardiac diseases, including atrial fibrillation and cardiomyopathies. Molecular findings are used to identify novel druggable targets. Her laboratory utilizes experimental cardiomyocyte and *Drosophila* cardiac disease models in combination with genetic and pharmacological manipulations. Dr. Brundel's research contributed to forwarding candidate drugs into (pre-)clinical proof-of-principle studies.

She is project leader of CIRCULAR, a project based on co-creation with atrial fibrillation patients and StopAfib.org, which recently received funding from the Dutch government. Moreover, she is lead author of the *Nature Disease Primer 'Atrial Fibrillation'* together with Mellanie True Hills and others. Additionally, she is founder of the Atrial Fibrillation Innovation Platform (AFIP) to promote translational studies in collaboration with patients, researchers, and health professionals.



Mina Chung, MD, FHRs

Mina Chung, MD, is a clinical cardiac electrophysiologist and translational scientist at the Cleveland Clinic. Her overall goal is to bring the basic advances in atrial fibrillation research back to the bedside as soon as possible.

She initially studied the inflammatory connections of postoperative atrial fibrillation (AF), producing seminal studies that contributed to interest in upstream therapies for AF. Over a decade ago, Dr. Chung founded and began leading a multidisciplinary group at the Cleveland Clinic focused upon the study of genetics and genomics in AF. This group has obtained NIH funding since then to study the genetics of AF, identifying genes and causal genetic variants and leading to new insights for functional and mechanistic studies, again with the aim of bringing these findings back to the patients.

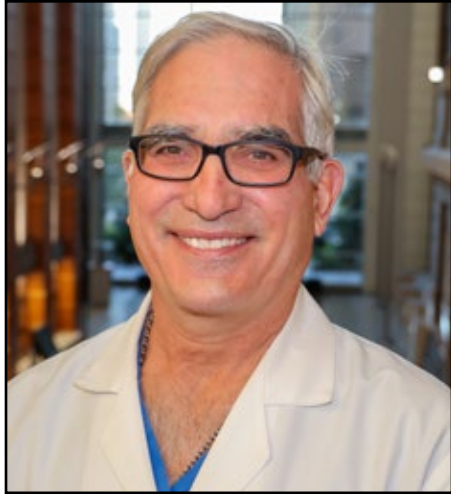
Dr. Chung brought in inducible pluripotent stem cell (iPSC) reprogramming and differentiation technologies into her labs, allowing creation of patient-specific cardiomyocyte models for exploring genetic mechanisms of AF. She is also exploring artificial intelligence

and big data analyses in cardiovascular medicine using machine learning methodologies. Dr. Chung directs the Cleveland Clinic Center of Research Excellence in Cardiovascular Translational Functional Genomics, which has been extending the group's functional genomics infrastructure to other cardiovascular diseases, including aortic, pericardial, heart failure, and other arrhythmia conditions.

Dr. Chung and a large multidisciplinary team were awarded an American Heart Association Strategically Focused Research Network Center grant for translational studies in AF, including a clinical trial testing a novel drug and lifestyle modifications for AF based on the team's functional genomics work. She also directs the American Heart Association COVID-19 Research Coordinating Center.

Dr. Chung has also contributed to multicenter clinical trials and guideline/consensus documents, including leading the 2020 AHA Scientific Statement on lifestyle and risk factor modification for reduction of atrial fibrillation. She also holds leadership roles in several professional societies. She has been named in Best Doctors in America, 2001 through 2020 and has received the Cleveland Clinic Internal Medicine Residency Program Research Mentor of the Year Award and the Maria and Sam Miller Professional Achievement Award for Clinical Research. She is committed to teaching and mentoring the next generation of clinicians and scientists.

Twitter: @EP_mom1



Ralph J. Damiano, MD

Ralph J. Damiano Jr., MD, is the Evarts A. Graham Professor of Surgery and Chief of the Division of Cardiothoracic Surgery at Washington University School of Medicine and Barnes-Jewish Hospital in St. Louis. He is co-chairman of the Heart & Vascular Center.

Dr. Damiano has authored more than 430 scientific publications and given more than 600 lectures and presentations around the nation and the world. His major contributions have been in the area of myocardial preservation, surgical electrophysiology, and minimally invasive cardiac surgery. He has been Associate Editor of the *Journal of Thoracic and Cardiovascular Surgery* of the *Journal of the American College of Cardiology*. He

was Editor-in-Chief of the journal *Innovations* from 2008-2018. He has twice been a member of the Bioengineering, Technology and Surgical Sciences Study Section at the NIH. Dr. Damiano is past president of the Society of Clinical Surgery, the Cardiac Surgical Biology Club, and the International Society for Minimally Invasive Cardiothoracic Surgery. He was elected to the Board of Directors of the AATS in May 2020.

Dr. Damiano has been a pioneer in the area of minimally invasive cardiac surgery. His developmental work on robotically assisted microsurgery for coronary artery bypass grafting (CABG) earned him a Computer World Smithsonian Award in June of 1997. Dr. Damiano performed the first robotically assisted surgical procedure in North America, a CABG, in December 1998. He also has been a leader in the field of the surgical treatment of arrhythmias. His team at Washington University is world-renowned for its clinical and basic research on the surgical treatment of atrial fibrillation. His group has been continuously funded by the NIH for over 30 years in this area. They have developed the gold-standard surgical procedure, the Cox-Maze IV operation, which has been adopted around the world. His group has continued to evolve the procedure to be less-invasive, more effective, and more widely applicable to patients with this arrhythmia.



John D. Day, MD, FHRS

Dr. John Day graduated from medical school at Johns Hopkins University. He did his residency in internal medicine, cardiology, and cardiac electrophysiology fellowship training at Stanford University.

Dr. Day currently serves as head of cardiovascular services for the Mountain Star HCA Healthcare System. He has a large clinical practice focusing on atrial fibrillation at St. Mark's Hospital in Salt Lake City, Utah.

Dr. Day previously served as president of the Heart Rhythm Society and is the immediate past president of the Utah chapter of the American College of Cardiology. He also previously served as the physician

leader of Heart Rhythm Services for Intermountain Healthcare. He is recognized as an international thought leader, regularly speaking at atrial fibrillation medical conferences around the world, on the latest developments in the treatment of atrial fibrillation.

Dr. Day is board certified in cardiology, and cardiac electrophysiology. He has published more than 100 manuscripts, abstracts, and book chapters. Dr. Day is the former editor-in-chief of the *Journal of Innovations in Cardiac Rhythm Management*.

In 2017, Dr. Day published *The Longevity Plan: Seven Life-Transforming Lessons from Ancient China*, with Harper Collins as publisher. *The Longevity Plan* was an Amazon number one best seller and was named best books of 2017 by the Huffington Post and won the Nautilus Book Award Gold Medal for the best book of 2017. Dr. Day's second book, *The Atrial Fibrillation Cure*, was also an Amazon best seller in 2021 and was published by BenBella Books.

Dr. Day is married and has four children ages five to 18. He and his family love to snow ski and go to Lake Powell every chance they can. He also loves mountain biking, trail running, and backcountry skiing.

Twitter: @drjohndayMD



She is a member of the inaugural ACC Digital Transformation Committee, Vice-Chair of the Heart Rhythm Society Communications committee, and is the current social media editor for *JACC: Clinical Cardiac Electrophysiology*. Her research interests in electrophysiology include digital health, health techquity & virtual care, CIEDs, arrhythmia management and prevention, and anticoagulation in special populations.

Twitter: @netta_doc

Janet K. Han, MD, FHRs

Dr. Janet K. Han is an Associate Professor of Medicine in the Cardiac Arrhythmia Center at the University of California, Los Angeles and VA Greater Los Angeles Healthcare System (VAGLAHS). She is a practicing interventional cardiac electrophysiologist and the director of the Cardiac Arrhythmia Digital Health Program at VAGLAHS working closely with the National VA Office of Connected Care & the VA Innovations Ecosystem.



Guru Kowlgi, MBBS, FHRS

Dr. Guru Kowlgi was born in New Delhi, India, and is a graduate of Maulana Azad Medical College, Delhi University. After completing medical school, he decided to pursue further training in the United States. He joined the internal medicine residency program at the University of Connecticut, followed by a year of chief medical residency. He matched into the cardiology fellowship at Virginia Commonwealth University in Richmond, Virginia, where he spent three years in training, including chief cardiology fellowship. Subsequently, he went on to become a clinical cardiac electrophysiology fellow at Mayo Clinic, Rochester, Minnesota, and was later recruited to stay on staff at the premier institute. He is currently enrolled in a Master of Science program in Artificial Intelligence in Healthcare.

Dr. Kowlgi holds certifications with the American Board of Internal Medicine, Cardiovascular Medicine, Clinical Cardiac Electrophysiology, and the National

Board of Echocardiography. He has authored over seventy peer-reviewed publications, been cited over five hundred times, and has presented his research at multiple national conferences. His research interests include novel energy sources of arrhythmia ablation including electroporation and proton beam ablation; cardioneural ablation and autonomic modulation, mechanisms of premature-ventricular contraction-induced-cardiomyopathy, sports cardiology, and the cardiac applications of artificial intelligence.

He is a reviewer for many reputed journals, serves on the editorial board of *Circulation: Arrhythmia and Electrophysiology*, and has received faculty invitations to present at the scientific sessions organized by the American College of Cardiology (ACC). Through his training, he has received numerous awards for clinical and academic excellence. Dr. Kowlgi and his two teammates were the winners of the heavily contested Cardiology Jeopardy: Battle of the States organized by the ACC in March 2019.

Dr. Kowlgi has been part of multiple committees and organizations serving on the ACC scientific session planning committee for electrophysiology and as co-chair of the ACC social media action network, among many others. He speaks five languages, is a fitness enthusiast, and enjoys weight training and high-intensity interval training. His hobbies include playing drums and guitar. He has been part of two touring music bands and has an active Instagram (@therhythmdoc) and YouTube channel. He uses social media as a platform to disseminate fitness and medical information as well as a creative release for music with over 10,000 followers across platforms.

Twitter: @TheRhythmDoc



Dr. Narayan has published over 300 peer-reviewed articles, reviews, and book chapters. He trained in medicine and software engineering in Birmingham, UK, UCLA, Harvard/Mount Auburn Hospital, and Washington University in St. Louis. Dr. Narayan has received the Distinguished Scientist award of the Heart Rhythm Society. His trainees have won research prizes and grants each year since 2003. He has been recognized as a “Top Doctor” by Castle Connolly.

Twitter: @S_NarayanMD

Sanjiv Narayan, MD, PhD, FHRS

Dr. Narayan is Professor of Medicine and Co-Director of the Arrhythmia Center at Stanford University. Dr. Narayan works at the intersection of cardiology, bio-engineering and artificial intelligence (AI) to improve patient care. Dr. Narayan’s Computational Arrhythmia Research Laboratory has been funded continuously since 2001 by the U.S. National Institutes of Health. He has studied many important causes of heart rhythm disorders, and his lab pioneered computerized mapping to personalize ablation for atrial fibrillation.



Andrea Natale, MD, FHRs

Patients from around the world seek treatment from Dr. Natale. A world recognized leader in the field of electrophysiology, Dr. Natale is a dedicated clinician, academician and researcher.

Prior to the establishment of Texas Cardiac Arrhythmia Institute at St. David's Medical Center, Dr. Natale was a member of the Cardiovascular Medicine Department at the Cleveland Clinic from 1999 to 2007, serving most recently as Section Head for the Department of Cardiac Pacing and Electrophysiology and as Medical Director for the Cleveland Clinic's Center for Atrial Fibrillation. In 2006, Dr. Natale was named to the Food and Drug Administration's Task Force on Atrial Fibrillation.

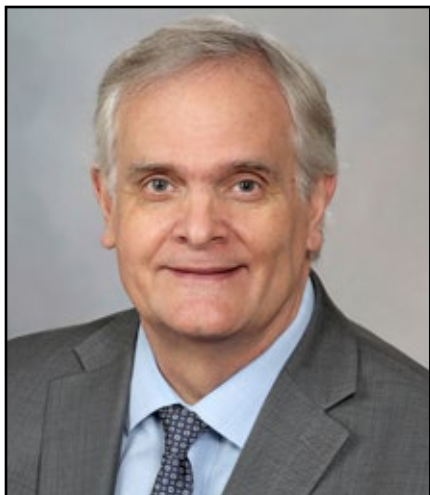
A committed academician, Dr. Natale's faculty positions at a variety of prestigious universities include Duke University and Stanford University. He has been an invited lecturer at more than 200 symposiums and conferences around the world, and is the author or co-author of hundreds of published articles on pacing and electrophysiology. In addition to serving on the editorial boards of numerous medical journals, he is editor-in-chief of the Journal of Atrial Fibrillation.

Dr. Natale's greatest reward is restoring his patients to a life free of cardiac arrhythmia. He pioneered a circumferential ultrasound vein-ablation system to correct atrial fibrillation and performed the procedure on the world's first five patients. He also developed some of the current catheter-based cures for atrial fibrillation, and was the first electrophysiologist in the nation to perform percutaneous epicardial radiofrequency ablation, which is a treatment for people who fail conventional ablation. He also holds a patent for a device used to treat Atrial Fibrillation.

A forefront researcher, Dr. Natale focuses on innovative advances in the treatment of atrial fibrillation. His goal is to benefit patient care through technologies such as robotic devices and specialized ablation catheters.

Dr. Natale was the 2017 recipient of the Eric N. Prystowsky, MD Advocate for Patients Award bestowed by StopAfib.org.

Twitter: @natale_md



Douglas L. Packer, MD, FHRs

Douglas L. Packer, MD, is a Professor of Medicine, and the John M. Nasseff, Sr., Professor in Cardiovascular Diseases in the Department of Cardiovascular Diseases, Division of Cardiac Electrophysiology, at Mayo Clinic Rochester. He is Director of the Translational Electrophysiology Research Laboratory. Dr. Packer is internationally known in cardiac electrophysiology.

Dr. Packer attended Brigham Young University, where he received a Bachelor of Arts in chemistry, summa cum laude, in 1976. He then acquired a Doctor of Medicine from the University of Utah in 1980. Additional educational pursuits include an internship and residency in internal medicine at Duke University from 1980 to 1983, where he served as an assistant chief resident in internal medicine. He also trained there as a fellow of cardiology and electrophysiology from 1983 to 1985.

His honors and awards include the Haskel Schiff Award in Internal Medicine from Duke University in 1983, the Distinguished Service Award from Brigham Young University in 2006, and the Distinguished Scientist Award from the American College of Cardiology in 2019. Dr. Packer has also received the Eric N. Prystowsky, MD Advocate for Patients Award from StopAfib.org in 2018, the Eric N. Prystowsky Lectureship Award from the National Heart Rhythm Society in 2020, the Heart Society Presidential Award in July of 2021, and received the Pioneer in Cardiac Electrophysiology Award while presenting at the KCHRS national meeting in 8/2021.

Dr. Packer is active in the Heart Rhythm Society where he is a past president and was a member of the Board of Trustees. He is also active in the American Heart Association and the American College of Cardiology. He has served/currently serves on editorial boards for the *Circulation Arrhythmia & Electrophysiology*, *American Heart Journal*, the *Journal of Cardiovascular Electrophysiology*, *Heart Rhythm* journal, and the (EP) *Journal of the American College of Cardiology*. He also has served on multiple National Heart, Lung, and Blood Institute work groups on atrial fibrillation, ablation and planning for future NIH studies.

Dr. Packer has been an active teacher and mentor, and also lectures widely on cardiac arrhythmias. He has written or co-authored more than 412 journal publications and 631 abstracts. He has lectured extensively in national and international meetings, giving over 1,920 invited lectures in 41 countries. He has served on the executive committee of a number of NIH multicenter randomized clinical trials, including the MUSTT, SCD-HeFT, and HAT Trials. Dr. Packer is also the International Principal Investigator of the recently reported NIH CABANA Trial. In this capacity he led the consortium of centers directing the trial. He is the PI of the Thermedical VT Needle Electrode study, and on the Executive Committee of the LESS VT Study.

Dr. Packer is a Mayo Clinician Investigator. His translational work focuses on the mechanisms and ablation of atrial fibrillation, ventricular tachycardia, and other cardiac arrhythmias, autologous fibroblast modulation of electrical impulse propagation in the heart, and the development of carbon particle catheter-free ablation of arrhythmias. His clinical work investigates 4/5 dimensional integrated image-guided ablation, and the development of new energy sources for the modification of cardiac tissue.

His work has been funded in part by private foundations, the American Heart Association, and the NIH. A key part of his research is the development of the Catheter Free Particle Therapy Ablation Program. He is also the PI of the Extracorporeal Particle Therapy Ablation Using Proton and Carbon Beams, that is currently under way. Dr. Packer holds US and European patents in the development of intracardiac ultrasound and 4/5D imaging, and particle therapy ablation.



Marco Perez, MD

Dr. Marco Perez's research goal is to better understand the fundamental causes of cardiovascular disease through the study of genetics and epidemiology. His group studies the genetic variations and environmental exposures that are associated with conditions such as atrial fibrillation and heart failure.

He has led the studies of atrial fibrillation in the Women's Health Initiative, one of the largest nation-wide population-based cohorts. He is currently

conducting a large study monitoring for silent or asymptomatic atrial fibrillation in women from the WHI randomized to exercise intervention. He was co-PI in the Apple Heart Study, a clinical trial using the Apple Watch to screen for atrial fibrillation. He is interested in understanding the paradox that atrial fibrillation is less common in African Americans and Hispanics, despite a greater burden of risk factors such as hypertension.

As director of the Stanford Inherited Arrhythmia Clinic, he evaluates families with rare inherited arrhythmias associated with sudden death, such as Long QT and Brugada Syndromes, and explores their links with novel genes. He is particularly interested in studying the genetic causes of very early onset atrial fibrillation. He also studies how best to use the electrocardiogram to identify patients at risk for atrial fibrillation and athletes at risk for life-threatening arrhythmias due to conditions such as hypertrophic cardiomyopathy. His genetic studies have led to the discovery of promising novel therapeutic targets that his group is now studying at a functional level.



Eric N. Prystowsky, MD, FHRs

Dr. Prystowsky is a practicing Cardiologist with St. Vincent Medical Group, and Director of the Clinical Electrophysiology Laboratory at St. Vincent Indianapolis Hospital. He is also a Consulting Professor of Medicine at Duke University Medical Center.

Dr. Prystowsky is a graduate of Pennsylvania State University and the Mt. Sinai School of Medicine. He completed his internal medicine training at Mt. Sinai Hospital, New York City, and his training in cardiology and clinical electrophysiology at Duke University Medical Center, Durham, North Carolina. From 1979 to 1986, Dr. Prystowsky was a full-time faculty member at the Indiana University School of Medicine, where he was Director of the Electrophysiology Laboratory. In 1986, he returned to Duke University as Professor of Medicine and Director of the Cardiac Arrhythmia Center. He joined The Care Group in 1988.

In addition to co-authoring two textbooks, *Cardiac Arrhythmias: An Integrated Approach for the Clinician* and *Clinical Electrophysiology Review*, Dr. Prystowsky has also authored over 700 publications concerning cardiac arrhythmias.

He was the Editor-in-Chief of the *Journal of Cardiovascular Electrophysiology* for 15 years and is currently on the editorial board of 9 journals. Additionally, he is past chairman of the American Heart Association's Committee on Electrocardiography and Electrophysiology, past president of the Heart Rhythm Society, and past chairman of the Test Writing Committee for Clinical Electrophysiology for the American Board of Internal Medicine. He was given the Distinguished Alumni Award from Pennsylvania State University in 2007.

Dr. Prystowsky was the first-ever recipient, in 2013, of the Advocate for Patients Award bestowed by StopAfib.org. The award was renamed in his honor to the Eric N. Prystowsky, MD Advocate for Patients Award, which is given annually.

Twitter: @EPrystowskyonEP



Vivek Y. Reddy, MD

Vivek Y. Reddy, MD is Director of Electrophysiology for the Mount Sinai Health System, and The Helmsley Trust Professor of Medicine in Cardiac Electrophysiology at the Icahn School of Medicine at Mount Sinai.

Dr. Reddy received his undergraduate and medical degrees from the University of Michigan. He completed his Internal Medicine Residency at Yale-New Haven Hospital, Cardiology Fellowship at the University of Chicago Hospitals, and Cardiac Electrophysiology Fellowship at Massachusetts General Hospital. In 2000, he joined as an Electrophysiology Attending at Massachusetts General Hospital, and also served as Director of the Experimental Electrophysiology Laboratory at Massachusetts General Hospital. In 2008, he became the Director of the Cardiac Arrhythmia Service at the University of Miami Miller School of Medicine. In 2009, he moved to his current position at the Mount Sinai School of Medicine (NYC) as a Professor of Medicine and Director of the Cardiac Arrhythmia Service. He was further appointed as Director of Cardiac Electrophysiology of The Mount Sinai Health System in 2018. Dr. Reddy has served as a Visiting Professor of Cardiology at Homolka Hospital in Prague, Czech Republic, since 2001.

Dr. Reddy is one of the nation's premier cardiac electrophysiologists. He leads a team developing advanced therapies for cardiac arrhythmias and heart failure

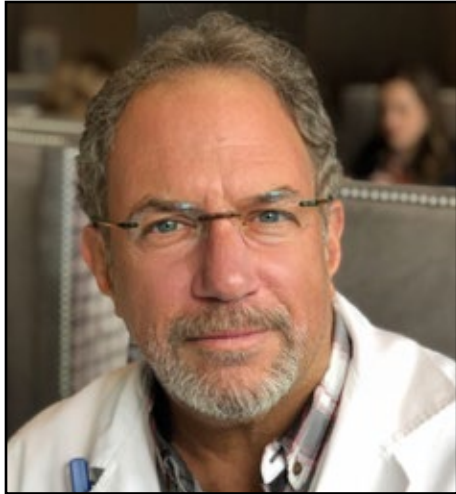
including catheter ablation for AF and device therapies for stroke prevention. Dr. Reddy's initial research efforts included the role of imaging (MRI/CT) to guide cardiac electrophysiology procedures. He led a team that developed and performed the first image-guided procedures in cardiac electrophysiology, using pre-acquired 3-D CT/MR images of the heart to guide catheter ablation of AF.

His team specializes in cutting-edge clinical and translational research and has conducted many "first-in-human" studies of novel technologies including the first use of a balloon cryoablation catheter to treat patients with AF in 2004, and the first use of an endoscopic laser balloon catheter to visually guide ablation of AF in patients.

Most recently, he performed the first AF catheter ablation procedures in the world using pulsed field ablation, a novel non-thermal ablation energy. He was lead author on *SMASH-VT* (published in the *New England Journal of Medicine*) of the use of catheter ablation to prevent shocks in patients receiving defibrillators. In 2012, he implanted the world's first miniature leadless pacemaker, as well as the first leadless pacemaker in the United States at The Mount Sinai Hospital. In 2021, he implanted the world's first dual-chamber leadless pacemaker system, currently in a pivotal clinical trial. He has also been instrumental in the development of catheter-based mechanical approaches for stroke prevention in AF (instead of oral anticoagulant medications): he has been (or is) the principal investigator (or on the Steering Committees) of such multicenter clinical trials as *PROTECT-AF*, *PREVAIL*, *ASAP*, *ASAP-TOO*, *PRAGUE-17*, *OPTION*, *CATALYST*, *CHAMPION-AF*, *CAPTURE*, *CAPTURE2*, and *INTERCEPT*.

Dr. Reddy is a highly sought-after speaker at major international conferences. He has directed or co-directed multiple international conferences, including the Boston AF Symposium, International Symposium on Ventricular Arrhythmias, and the Annual pre-HRS Symposium on Stroke Prevention in AF. And most recently, starting in April 2021, he and Dr. Frank Marchlinski founded the ongoing *VirtualEPConnect* web series

Twitter: @VivekReddyMD



Randall Wolf, MD

Dr. Randall Wolf graduated from the Indiana University School of Medicine and shortly after became a surgical innovator who pioneered a minimally invasive procedure for the surgical treatment of lone Atrial Fibrillation. He was the first North American heart surgeon to perform DaVinci cardiac surgery.

He has served as Professor of Surgery, Ohio State University and Professor of Surgery and Biomedical Engineering, University of Cincinnati, and the inaugural Ethicon-Endosurgery Chair for Innovation in Surgery.

Dr. Wolf has served as the Co-Director of the International AFIB Center of Excellence at the Indiana Heart Hospital and Afib Clinic at Memorial Hermann Hospital. Currently, he is the Arrhythmia Specialist at Houston Methodist DeBakey Heart & Vascular Center and Houston Methodist Hospital. He has also served as President of both the International Society of Minimally Invasive Cardiothoracic Surgery (ISMICS) and the 21st Century Cardiothoracic Surgery Club and was the inaugural co-editor of the Innovations Journal.

Dr. Wolf has performed over 2,000 Wolf minimaze procedures and demonstrated the procedure to heart surgeons worldwide. He has been a Visiting Professor in 18 countries, including at Oxford University, the University of Tokyo, and Peking University. He has delivered hundreds of invited lectures at hospitals, academic meetings, and seminars, and has over 100 peer reviewed papers and textbook/chapters.

When not in the operating theatre or lecturing, he performs stage and close-up magic.



American
Heart
Association.



You should march to the beat of your own drum. Your heart shouldn't.

Atrial fibrillation (AFib) can increase your risk of stroke by 5 times. When there's an irregular drumming in your chest, it's important to listen. We're here to help you navigate AFib with potentially lifesaving support and resources.

Find the tools you need at [Heart.org/AFib](https://www.heart.org/AFib)

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Atrial Fibrillation Support Forum



The largest AFib/AFlutter member support on Facebook with over 25,000 global members

As featured in: *The AFib Cure* and the European Heart Rhythm Association Consensus Document (in *EP Europace*)



Transforming Cardiovascular Treatment with Pulmonary Delivery



InCarda Therapeutics, Inc. is a biopharmaceutical company based in Newark, California pioneering a novel approach of treating cardiovascular conditions by the inhalation route. The advantage of inhalation is that it delivers medicine in the “first pass” to cardiac tissue, presenting a small, but effective dose of drug directly to affected regions of the heart. This is expected to allow for the drug to work very quickly, with lower off-target effects and without prolonged exposure to cardiac tissue.

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Paroxysmal Atrial Fibrillation

Our lead product under development is an inhaled therapy to treat paroxysmal atrial fibrillation (PAF).

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If you have recent onset of atrial fibrillation or you have regular episodes of AFib, you can help local study doctors test an investigational drug to see how effective it is at transitioning a patient's heartbeat from AFib to sinus rhythm.

Learn more about this study at: www.RESTORE-1study.com

ACRONYM LIST

Acronym	Definition	Acronym	Definition
AAD	Antiarrhythmic drug	CM	Cardiomyopathy
AC	Anticoagulant	CMC	Circular mapping catheter
ACC	American College of Cardiology	CO	Carbon monoxide
ACP	Amplatzer Cardiac Plug	Co-PI	Co-principal investigator
AFL	Atrial flutter	COPD	Chronic obstructive pulmonary disease
AHA	American Heart Association	CPB	Cardiopulmonary bypass
AHI	Apnea-hypoxia index or apnea-hypopnea index	CrCl	Creatinine clearance (kidney function)
AI	Artificial intelligence	CRF	Cardiorespiratory fitness
ANP	A-Type natriuretic peptide or atrial natriuretic peptide	CRP	C-reactive protein
ANS	Autonomic nervous system	CS	Coronary sinus
APC	Atrial premature complexes	CSA	Central sleep apnea
APD	Antiplatelet drug	CT	Computerized tomography (also CAT scan)
APD	Action potential duration	CTA	Computed tomographic angiography
ARIC	Atherosclerosis Risk in Communities Study	CTI	Cavotricuspid isthmus
ARP	Atrial refractory period	CV	Cardiovascular (heart)
ASA	Acetyl salicylic acid / aspirin	CVA	Cerebrovascular accident or stroke
ASV	Adaptive servo-ventilation (treat central sleep apnea)	CVD	Cardiovascular disease (heart disease)
AT/ATA	Atrial tachyarrhythmia/tachycardia	CW	Chicken wing
AUC	Area under the curve	DB	Double-blind
AV	Atrio-ventricular	DCCV	Direct current cardioversion
BID/bid	Twice daily	DE-MRI	Delayed Enhancement-Magnetic resonance imaging
BiPAP	Bilevel positive airway pressure (treat sleep apnea)	DF	Dominant Frequency
BMI	Body mass index	DM	Diabetes mellitus
BNP	B-Type natriuretic peptide or brain natriuretic peptide	DMC	Data Monitoring Committee
BP	Blood pressure	DOAC	Direct-acting oral anticoagulant (Xarelto, Eliquis, Pradaxa, Savaysa)
CABG	Coronary artery bypass graft (open-heart bypass surgery)	DRT	Device related thrombus
CAD	Coronary artery disease	DSMB	Data Safety Monitoring Board
CAM	Complementary alternative medicines	EAM	Electroanatomic mapping
CAST	Cardiac Arrhythmia Suppression Trial	EAT	Epi adipose tissue
CBD	Cannabidiol	ECG/EKG	Electrocardiogram
CCS	Canadian Cardiovascular Society	ECGI mapping	Electrocardiographic imaging
CFAE	Complex fractionated atrial electrogram	ECV	Electrical cardioversion
CHD	Coronary heart disease	EEG	Electroencephalogram
CHF	Congestive heart failure	EF	Ejection fraction
CI	Confidence interval	EGM	Electrogram
CKD	Chronic kidney disease	EMG	Electromyogram
		EOG	Electrooculogram
		EOS	End-of-study
		EP	Electrophysiologist
		ER	Event rate

ACRONYM LIST (cont'd)

Acronym	Definition	Acronym	Definition
ERP	Effective refractory period	LAAC	Left atrial appendage closure
ETOH	Ethyl alcohol	LAAEI	Left atrial appendage electrical isolation
EVOO	Extra virgin olive oil	LAA-FV	Left atrial appendage flow volume
FDA	US Food and Drug Administration	LAAI	Left atrial appendage isolation
FH	Family history	LAAO	Left atrial appendage occlusion
FU	Follow up	LAAOS	Left Atrial Appendage Occlusion Study
GFR	Glomerular filtration rate (for kidney disease)	LICU	Low-intensity collimated ultrasound
GGA	Geranylgeranylacetone	LINQ	Reveal insertable cardiac monitor (Medtronic)
GP	Ganglionic plexi	LMWH	Low molecular weight heparin
GWAS	Genome-wide association studies	LS	Longstanding
HF	Heart failure	LSP	Longstanding persistent
HFpEF	Heart failure with preserved ejection fraction	LSPV	Left superior pulmonary vein
HFrEF	Heart failure with reduced ejection fraction	LUPV	Left upper pulmonary vein
HR	Hazard ratio	LV	Left ventricular
HR	Heart rate	LVEF	Left ventricular ejection fraction
HRS	Heart Rhythm Society	LVF	Left ventricular function
HSAT	Home sleep apnea test	LVH	Left ventricular hypertrophy
HSP	Heat shock protein	MCOT	Mobile cardiac outpatient telemetry
HTN	Hypertension/high blood pressure	MCT	Mobile cardiac telemetry
Hx	History	mERHA	Modified European Heart Rhythm Association (AF Symptom Classifications)
ICD	Implantable cardioverter defibrillator	MET	Metabolic equivalent
ICE	Intracardiac echocardiography	MI	Myocardial infarction
ICH	Intracranial hemorrhage	ML	Machine learning
IDE	Investigational device exemption (FDA)	MRI	Magnetic resonance imaging
ILR	Implantable loop recorder	N	Number of participants
ILRS	Implantable loop recorder system	Na	Sodium
INR	International normalized ratio	NASPE	North American Society of Pacing & Electro physiology (predecessor to HRS)
IPH	Intraparenchymal hemorrhage	NATT	No antithrombotic therapy
iPSC	Inducible pluripotent stem cell	NCDR	National Cardiovascular Data Registry (ACC)
IR	Incidence rate	NHLBI	National Heart, Lung, and Blood Institute (of the NIH)
IRAF	Immediate reinitiation of atrial fibrillation	NI	Natural intelligence
IRB	Institutional Review Board	NIH	National Institutes of Health (of US Department of Health & Human Services)
ISMICS	International Society for Minimally Invasive Cardiothoracic Surgery	NO2	Nitrogen dioxide
ITT	Intention to treat	NOAC	Novel oral anticoagulant (Xarelto, Eliquis, Pradaxa, Savaysa)
IVC	Inferior vena cava		
LA	Left atrium		
LAA	Left atrial appendage		

ACRONYM LIST (cont'd)

Acronym	Definition	Acronym	Definition
NPV	Non-pulmonary vein	RA	Right atrium
NSR	Normal sinus rhythm	RAA	Right atrial appendage
NSVT	Nonsustained ventricular tachycardia	RCT	Randomized controlled trials
OAC	Oral anticoagulation (especially coumadin or warfarin)	RDI	Respiratory disturbance index
OD/od	Once daily	REM	Rapid eye movement
OHS	Open-heart surgery	RF	Radiofrequency
OR	Odds ratio	RF	Risk factors
OSA	Obstructive sleep apnea	RFM	Risk factor management
OSAS	Obstructive sleep apnea syndrome	RR	Risk reduction
P (value)	Probability (calculation)	RR	Relative risk
PAC	Premature atrial contractions	RSPV	Right superior pulmonary vein
PAF	Paroxysmal AF	RUPV	Right upper pulmonary vein
PAP	Positive airway pressure (treat sleep apnea)	RV	Right ventricular
PCI	Percutaneous coronary intervention or stent	RVR	Rapid ventricular response
PER	Persistent	SCAF	Subclinical atrial fibrillation
PFA	Polyunsaturated fatty acids (Omega-3s)	SCD	Sudden cardiac death
PFA	Pulsed field ablation	SDB	Sleep-disordered breathing
PI	Principal investigator	SDH	Subdural hemorrhage
PLA	Posterior of the left atrium	SE	Systemic embolism (clot)
PLAATO	Percutaneous left atrial appendage transcatheter occlusion device	S-LAAO	Surgical left atrial appendage occlusion
POAF	Post-operative AF	SR	Sinus rhythm
PSG	Polysomnogram or polysomnography (sleep apnea test)	SSE	Stroke or systemic embolism
PUFA	Polyunsaturated fatty acids (Omega-3s)	STS	Society for Thoracic Surgery
PV	Pulmonary vein(s)	SVC	Superior vena cava
PVAI	Pulmonary vein antrum/antral isolation	TCM	Traditional Chinese medicine
PVC	Premature ventricular contractions	TEE	Transesophageal echocardiography
PVI	Pulmonary vein isolation (catheter ablation)	TIA	Transient ischemic attack (mini-stroke)
PW	Posterior wall	TTE	Trans-thoracic echocardiogram
QALY	Quality-adjusted life year (economic measure of an intervention)	TTM	Transtelephonic monitor
QOL	Quality of life	VGLB	Visually-guided laser balloon
QRS	QRS is a heartbeat segment on the ECG	WACA	Wide area circumferential ablation
QT	QT interval is a heartbeat segment on the ECG	WL	Weight loss
R01	Health-related research grant from the NIH		

Glossary:
<https://www.stopafib.org/downloads/glossary.cfm>

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Concierge Restaurant Suggestions

*Please contact the Concierge located in the lobby or at ext. 5233
for more detailed information or to confirm a reservation.*

NOTE: Some restaurants may not take reservations.

So it is advised that you call ahead to see what kind of wait you could expect.

BREAKFAST/BRUNCH

<u>The Pyramid Restaurant</u>	at The Fairmont Dallas Hotel.		214-720-5249 Mon-Sun 6:30am-11:30am
<u>Ellen's</u>	1790 N. Record St.	0.6 mi	469-206-3339 Mon – Sat 7a – 9p; Su 7a-2p
	Stylish Southern diner offering an all-day breakfast menu.		
<u>Meso Maya</u>	1611 McKinney Ave.	0.3 mi	214-484-6555 Sat, Sun 11a – 3p
	Serving Oaxaca- & Puebla-inspired recipes to a trendy crowd.		
<u>The Henry</u>	2301 N. Akard St.	0.3 mi	972-677-9560 Brunch Fr, Sa, Su 10a –4p
	Inventive takes on the classics served all day. Two patios. GFree and Veg options.		
<u>North Italia</u>	2301 N. Akard St.; Ste. 280	0.4 mi	972-619-3770 Mon – Thu 11a – 10p Fr 11a-11; Sa 10a-11; Su 10a-10p
	Italian menu made from scratch. From pizzas to Favorites. Endless assortment of beer, wines & cocktails.		
<u>CBD Provisions</u>	1530 Main St.	0.5 mi	214-261-4500 Sat, Sun 10a – 3p
	Upscale Joule Hotel brasserie offers creative Texan comfort dishes & cocktails in a stylish setting.		
<u>Overeasy (Statler Hotel)</u>	1914 Commerce St.	0.6 mi	469-320-8998 Mon – Sun 6:30a – 4pm
	All-day breakfast, plus lunch, dinner & cocktails In a retro-chic diner in iconic Downtown hotel.		
<u>True Kitchen & Kocktails</u>	1933 Elm St.	0.6 mi	972-764-8783 Sun – Thu 11a – 9p Fri, Sat 11a – 11p
	A dynamic comfort food restaurant at its core, <i>TRUE Kitchen + Kocktails</i> focuses on nicely plated comfort foods, including flavored fried chicken & lobster tails		

Fairmont Dallas Hotel 1717 N. Akard Street Dallas, TX 75201
214-720-2020



Concierge Restaurant Suggestions

NOTE: Some restaurants may not take reservations.

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BREAKFAST/BRUNCH

~ Cont. ~

<u>Yolk</u>	1722 Routh St.	0.7 mi	214-855-9655
Creative breakfast/brunch options with specialty juices and their own premium coffee.			Mon – Fri 7a – 2:30p Sat, Sun 7a – 3p
<u>Jaxon Beer Garden</u>	311 S. Akard St.	0.7 mi	214-838-1422
Cool vibe and great food for breakfast, lunch or dinner. Great patio for social distancing.			Sat, Sun 11a – 3p
<u>Yardbird Southern Table & Bar</u>	2121 N Pearl St.	0.8 mi	469-208-2441
Stylish Southern diner offering an all-day breakfast menu.			Sat, Sun 10a – 4p
<u>Cindi's</u>	306 S. Houston St.	1.0 mi	214-744-4745
Classic breakfast menu. Mini-chain of diners with NY deli classics like Reubens & Southern ones like chicken-fried steak.			Mon – Fr 7a – 2p; Sat, Sun 7a – 3p
<u>The Dream Café</u>	2800 Routh St.	1.2 mi	214-954-0486
One of a small chain of relaxed eateries with health minded American fare.			Mon – Sun 8a – 3p
<u>Buzzbrews Deep Ellum</u>	2801 Commerce St.	1.4 mi	214-741-2801
Southwestern-accented dishes are served early & late at this cool coffee shop with Pop Art decor.			Sat – Tue 7a -2a Wed – Fri 7a – 3a
<u>Cafe Brazil Deep Ellum</u>	2815 Elm St.	1.6 mi	214-747-2730
Local chain of offbeat coffeehouse & breakfast/lunch hangout pouring unlimited java refills.			24 hours
<u>AllGood Café Deep Ellum</u>	2801 Commerce St.	1.6 mi	214-741-2801
Busy all-day eatery offering American fare with a Tex-Mex accent, plus live music nights at this cool at this cool coffee shop with Pop Art decor.			Sun – Tue 8a -3p Wed – Sat 8a -6p
<u>Bread Winners</u>	3301 McKinney Ave.	2.0 mi	214-754-4940
Kid-friendly American eatery supplies house-made baked good & casual bites, breakfast through dinner.			Tue – Sat 8a – 8p Mon Closed



Concierge Restaurant Suggestions

Please feel free to contact the Concierge at ext. 5233 to assist with confirming a reservation
Or for other suggestions.

LUNCH/DINNER

AMERICAN

<u>Ellen's</u>	1790 N. Record St.	0.6 mi	469-206-3339
Stylish Southern diner offering an all-day breakfast menu.			Mon – Sat 7a – 9p
<u>Ellie's – Hall Arts Hotel</u>	1717 Leonard St.	0.6 mi	972-629-0924
Sleek eatery serving Napa-inspired chef-driven meals			Mon – Sun 6:30a – 11p
<u>Sloane's Corner</u>	2001 Ross Avenue	0.2 mi	214-484-1395
Casual-but-chic downtown eatery for American bistro fare at lunch, dinner & happy hour. Live music Thu – Sat.			Mon – Fri 10a – 9p Sat 4p – 9p; Sun Closed
<u>Royal 38</u>	2301 N. Akard St.	0.3 mi	214-736-9010
Upscale American menu & bar, known for their “craftily concocted cocktails” and great food.			Mon – Thu 4p – 12a Fri 4p – 1p; Sat 11a – 1p Sun 11a-12a
<u>The Henry</u>	2301 N. Akard St.	0.3 mi	972-677-9560
Inventive takes on the classics served all day. Two patios. Gluten -free and Veg options.			M, Tu 4p – 10; W, 11a – 10p Thu Closed; Fr, Sa 10a – 11p Sun 10a – 10p
<u>Doc B's Restaurant & Bar</u>	2021 McKinney Ave.	0.4 mi	469-998-2330
Casual restaurant serving fast, fresh meals for lunch and dinner. From salad & sandwiches to BBQ ribs & Ahi Tuna			Mon – Fri 11a – 9p Sat 12p – 9p; Sun Closed
<u>CBD Provisions</u>	1530 Main St.	0.5 mi	214-261-4500
Upscale Joule Hotel brasserie offers creative Texan comfort dishes & cocktails in a stylish setting.			Mon – Thu 11a – 9p Fri 11a -10p; Sa 10a -10p Sun 10a – 9p
<u>Fearing's at The Ritz</u>	2121 McKinney Ave.	0.6 mi	214-922-4848
Chef Dean Fearing's splashy Southwestern destination with a celebrated bar in the luxe Ritz-Carlton.			Mon – Sun 7a – 11a Thu – Sat 5:30p – 10p
<u>The Woolworth</u>	1520 Elm St.	0.6 mi	214-814-0588
Cozy yet stylish bar with an elevated menu of shared plates & entrees plus handcrafted cocktails.			Mon Closed; Tu-Th 4p-12a Sat 10a – 12a; Sun 10a – 3p



Concierge Restaurant Suggestions

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LUNCH/DINNER

AMERICAN ~ Cont. ~

<u>3Eleven Kitchen & Cocktails</u>	311 N. Market St.	0.5 mi	214-744-1423 Su & Th 11a – 10p Fri & Sat 11a – 10p
Vibrant West End space for scratch-made classic, Premium-liquor with a Chef-driven menu			
<u>True Kitchen & Kocktails</u>	1933 Elm St.	0.6 mi	972-764-8783 Sun – Thu 11a – 9p Fri, Sat 11a – 11p
A dynamic comfort food restaurant at its core, <i>TRUE Kitchen + Kocktails</i> focuses on nicely plated comfort foods, including flavored fried chicken & lobster tails			
<u>Billy Can Can</u>	2386 Victory Park Lane	0.8 mi	214-296-2610 Mon – Sun 5p – 10p
Luxe take on an old-west saloon for fancy cocktails, beer & wine, & elegant steaks, chops & seafood.			
<u>Harlowe MXM</u>	2823 Main St.	1.4 mi	214-624-3310 M, T Closed; W 6p – 12a Th 7p – 1a; Fr 8p – 1a Sa 1p – 6p and 8p – 1a
Contemporary digs for wood-fired meat & seafood, local veggies, proper craft cocktails, beer & wine.			
<u>Town Hearth</u>	1617 Market Center Blvd.	1.9 mi	214-761-1617 Mon Closed; T,W,Th 5p– 10p Fri, Sat 5p – 11p; Sun 5p – 9p
Swank space with raw bar, steaks & classic cocktails from Dallas chef Nick Badovinus.			



Concierge Restaurant Suggestions

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LUNCH/DINNER

ASIAN

<u>Sushiya</u>	1306 Elm St.	0.4 mi	214-744-9600
Small, casual Japanese restaurant serving traditional fare like teriyaki & udon alongside sushi.			Mon – Fri 10a – 2p; 5p – 8:30p Sat 5p – 8:30p; Sun Closed
<u>Musume</u>	2330 Flora St.	0.6 mi	214-871-8883
Sushi & contemporary Asian fusion dishes in a beautiful dark-wood dining room with colorful murals.			Mon – Fri 10a – 2p; 5p – 10p Sat 5p – 11p; Sun 5p – 10p
<u>Sky Blossom</u>	1514 Elm St.	0.7 mi	469-313-1524
Chinese, Korean, Thai & Vietnamese dishes in a chic rooftop setting with views of The Eye sculpture.			Mon – Sun 11a – 9:30p
<u>Family Thais Asian Bistro</u>	208 N. Market St.	0.8 mi	214-954-0486
From a family with 6 chefs, a casual spot for Thai favorites, from curries to noodle & rice dishes.			Mon – Sun 10a – 9p
<u>Tei-An</u>	1722 Routh St.	0.8 mi	214-220-2828
Chef-owner Teiichi Sakurai's Japanese cuisine in a posh contemporary space with Zenlike ambiance.			Mon – Sun 4p – 12a
<u>Imoto</u>		0.8 mi	214-257-7777
Chic-but-casual bi-level restaurant, lounge & sushi bar serving pan-Asian cuisine, sake & cocktails.			Mon – Tue Closed W, Th 5p-10p; Fr, Sa 5p-11p
<u>Uchi</u>	2817 Maple Ave.	0.9 mi	214.855-5454
Sleek destination offering a menu of modern Japanese cuisine, known for its cooked seafood & sushi.			Su, Mon–Thu 4p–9:30p F, Sa 4p – 10:30p
<u>Nobu</u>	400 Crescent Ct.	1.4 mi	214-252-7000
Celebrity chef Nobu Matsuhisa's upmarket Japanese-Peruvian fare in a stylish hotel setting.			Mon – Sun 5p – 10p
<u>Blue Sushi Saki Grill</u>	3220 McKinney Ave.	1.6 mi	469-718-2292
High-energy restaurant serving sushi, sake & happy-hour specials in a dramatically decorated space.			Mon – Thu 12p – 9:30p Fri, Sat 12p – 10:30p Sun 12p – 9p



Concierge Restaurant Suggestions

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ITALIAN

<u>North Italia</u>	2301 N. Akard St.; Ste. 280	0.4 mi	972-619-3770
Italian menu made from scratch. From pizzas to Favorites. Endless assortment of beer, wines & cocktails.			Mon – Thu 11a – 10p Fr 11a-11; Sa 10a-11; Su 10a-10p
<u>400 Gradi</u>	2000 Ross Ave.	0.4 mi	972-850-9053
Airy, sophisticated eatery turning out Neapolitan pizzas and other traditional Italian fare.			M, Tue Closed; W, Thu 12p-5p Fr 12p-10p; Sa 11a-10p; Su 11a-3p
<u>Campisi's</u>	1520 Elm St.	0.4 mi	214-752-0141
Long-standing Italian chain restaurant serving thin-crust pizza & classic fare. Delivery available.			Mon – Sun 11a – 9p
<u>Ravenna Italian Grille & Bar</u>	115 S. Main St.	0.5 mi	214-744-9333
Modern Italian restaurant serving a range of classic entrees plus pizza by the slice & cocktails.			Sun – Thu 11a – 10:30p
<u>Partenope Ristorante</u>	1903 Main St.	0.6 mi	214-463-6222
Chic, modern blue-and-white restaurant for Neapolitan-style pizzas, panini, pasta & cocktails.			M 4p-10p; Fr 11a-10; Sa 3:30p-10p T,W,Th 11a-3p & 4:30p-10p
<u>Avanti Restaurant</u>	2720 McKinney Ave.	0.9 mi	214-871-4955
Classy Italian restaurant with refined cuisine, live dinner music & late-night bites on weekends.			Sun, Mon 5:30p – 9p T,W,Th 5p-9; Fr 5p-9:30p
<u>The Charles</u>	1632 Market Center Blvd.	1.9 mi	469-917-9000
Stylish, upscale restaurant & bar serving wood-fired Italian classics plus wine & cocktails.			Mon – Thu 5p – 10p; Fri & Sat 5p – 11p
<u>Nonna</u>	4115 Lomo Alto Dr.	2.9 mi	214-521-1800
A neighborhood restaurant for people to meet and enjoy authentically made regional Italian food. Dining Style. Casual Elegant			Mon – Thu 5:30p – 9p Fri & Sat 5:30p – 9:30p Sun Closed
<u>Fachini</u>	33a Highland Park Village	4.4 mi	214-838-9688
A homage to mid-20th century Italian American fine dining, re-imagined. Dining Style. Casual Elegant.			Sun – Thu 5p – 9p Fri – Sat 5ps – 10p



Concierge Restaurant Suggestions

Steak & Seafood

<u>Corrientes 348</u>	1807 Ross Avenue	1 block	214-220-0348 M-Th 11a – 2p & 4p – 10p Fr 11a – 2p & 4p – 10:30p Sat 4p – 10:30p
Casually sophisticated downtown steakhouse with large patio for family-style Argentinian favorites.			
<u>Dakota's</u>	600 N. Akard St.	1 block	214-740-4001 M-Th 11a – 2:30p; 4p-10p Fr 11a – 2:30p; Sa 5p 10:30p Su Closed
Subterranean seafood & steakhouse with a garden waterfall view & luxe New Orleans-style ambiance.			
<u>YO Ranch</u>	702 Ross Avenue	0.5 mi	214-744-3287 M – Sa 11a – 10p Closed Sun
Hill Country-inspired fine dining featuring elk, bison & more in a Western ambiance with a patio.			
<u>Perry's Steakhouse</u>	2000 McKinney Avenue	0.4 mi	214-855-5151 Mon – Thu 4p – 10p Fri 10:30p – 10P Sun 4p – 9p
Houston, TX-based steakhouse chain that is best known for massive 7 finger high pork chop that is offered daily and for \$16 at lunch every Friday.			
<u>Del Frisco's</u>	2323 Olive St.	0.4 mi	972-490-9000 Mon –Thu 11:30a – 10p Fr 11:30a – 11p; Sa 4p-11p Sun 5p – 9p
Opulently outfitted chain restaurant specializing in prime steaks & seafood along with fine wines.			
<u>Morton's Steakhouse</u>	2222 McKinney Avenue	0.6 mi	214-741-2277 Sun – Thu 5p – 9p Fri, Sat 5p -10p
Upscale chain for aged prime beef, seafood & other traditional steakhouse fare in a clubby space.			
<u>Truluck's</u>	2401 McKinney Avenue	0.7 mi	214-220-2401 M – Fri 11:30p – 2p; 4:30p – 9p Sat 4:30p – 10p; Su 4:30p – 9p
Upscale seafood & steak chain featuring half-price happy hours, a deep wine list & swanky surrounds.			
<u>Ocean Prime</u>	2101 Cedar Springs Rd.	0.7 mi	M – Fri 11:30a – 10p Sat 4p – 10p; Sun 4p – 9p
Upscale chain known for its sophisticated decor, long wine list & classic steak & seafood menu.			
<u>Nick & Sam's</u>	3008 Maple Avenue	1.0 mi	Sun – Wed 5p – 10p Th, Fr, Sa 5p – 11p; Su 5p – 10p
Destination for prime steak & seafood in a polished, swanky setting with a happening bar scene.			
<u>Al Biernat's</u>	4217 Oak Lawn Avenue	2.6 mi	Mon – Sat 11a – 10p Sun 11a – 9p
Longtime upscale steak & seafood hot spot known for its ever-present host & vibrant bar.			
<u>Café Pacific</u>		4.5 mi	Mon – Sat 11a – 10p Sun 11a – 9p
Well-known upscale fine-dining destination for seafood, served in plush, formal environs.			



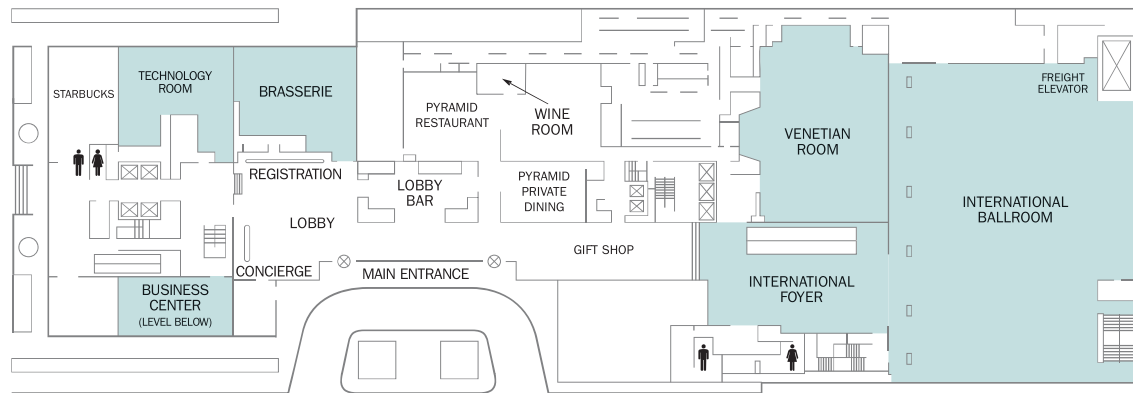
Concierge Restaurant Suggestions

TEX/MEX

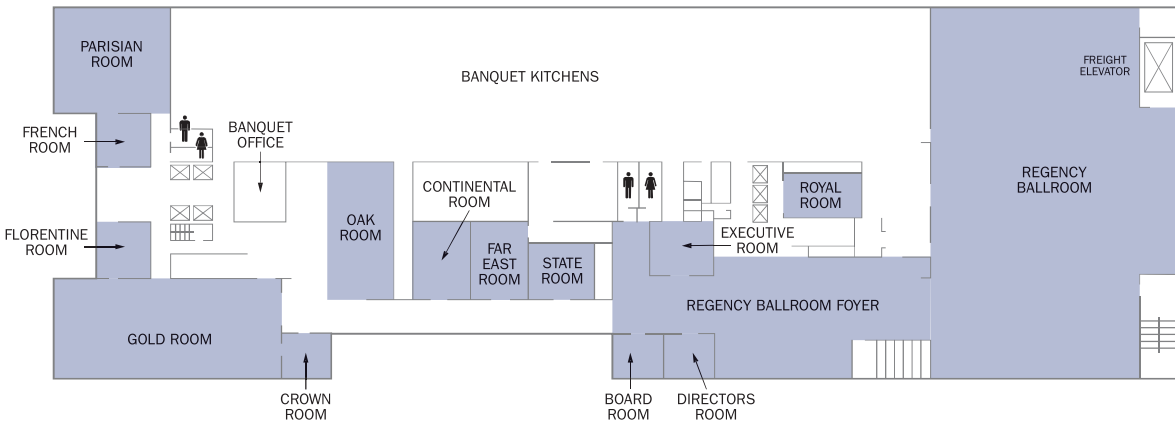
<u>Meso Maya</u>	1611 McKinney Ave.	0.3 mi	214-484-6555
Serving Oaxaca- & Puebla-inspired recipes to a trendy crowd.			Sun – Thu 11a – 10p Fri, Sat 11a – 11p
<u>Miriam</u>	2015 Woodall Rogers Frwy	0.3 mi	214-855-5275
Cheery space for authentic Mexican (& a few Tex-Mex nods), plus patio views of the park & downtown.			Sun – Thu 11a – 9:30p Fri, Sat 11a – 10:30p
<u>Taco Lingo</u>		0.3 mi	214-613-4041
Tacos & premium-protein fajita boards join margaritas, beer & cocktails in lively industrial digs.			Mon – Thu 11a – 11p; Fri 11a – 12a; Sat 10a – 12p Sun 10a – 11p
<u>Te Deseo</u>	2700 Olive St.	0.5 mi	972-803-4388
Chic Mexican eatery with vast collection of tequila, mezcal & cigars with rooftop bar & courtyard.			Sun & Wed 5p – 12a Thu, Fr, Sat 5p – 2a
<u>Mi Cocina</u>	3699 McKinney Avenue	0.6 mi	Mon – Th 11a – 10p; Su 10a-10p
Serving authentic Tex-Mex dishes and legendary margaritas all over Dallas – Fort Worth and beyond.			Fri 11a - 12a; Sat 10a - 12a 469-533-5663
<u>RJ's Mexican Cuisine</u>	1701 N. Market St.	0.6 mi	Sun – Thu 11a – 11p
A broad menu of Mexican fare (with American & vegetarian options) in a comfortable West End setting.			Fri, Sat 11a – 11p 214-744-1420
<u>Mesero – Victory Park</u>	2375 Victory Park Lane	0.8 mi	Sun – Thu 11a – 9:30p
Sleek new spot in Victory Park, and with it comes a slew of tasty cocktails along with an extensive Mexican and Tex-Mex inspired menu.			Fri 11a – 10:30p; Sat 10a - 10:30p 214-821-6426
<u>Javier's</u>	4912 Cole Avenue	3.5 mi	Sun – Wed 5p – 10p; Thu 5-10:30p
Bustling longtime upscale restaurant featuring Mexico City-style cuisine & a swanky cigar bar.			Fri, Sat 5p – 11p 214-521-4211
<u>Salsa Limon</u>	411 N. Akard	0.2 mi	972-803-4388
Chic all-day corner spot for quick-serve tacos, tortas & burritos Good margaritas			Mon – Sun 9a – 9p

FLOOR PLAN

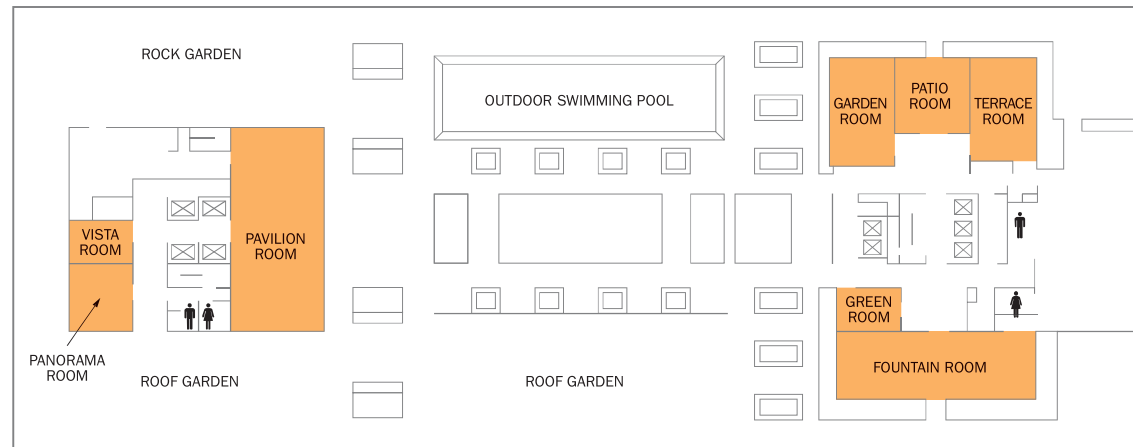
LOBBY LEVEL



BANQUET LEVEL (2ND FLOOR)



TERRACE LEVEL (3RD FLOOR)



CONFERENCE EVALUATION AND FEEDBACK

**Get in Rhythm.
Stay in Rhythm.®**

Atrial Fibrillation Patient Conference

August 5–7, 2022

You can fill out this evaluation online at <https://www.surveymonkey.com/r/getinrhythm2022>

I am a: ☐ Patient ☐ Family member ☐ Other: _____

If a patient, how long have you had afib? _____

Type of afib: ☐ Paroxysmal (Intermittent) ☐ Persistent/Longstanding Persistent (Continuous)

Before this conference, what was your level of knowledge or understanding about the following afib-related areas? (1 = none, 10 = thorough)

Causes & risk factors	1	2	3	4	5	6	7	8	9	10
Medications	1	2	3	4	5	6	7	8	9	10
Stroke risk	1	2	3	4	5	6	7	8	9	10
Stroke prevention	1	2	3	4	5	6	7	8	9	10
Procedures	1	2	3	4	5	6	7	8	9	10
Afib overall	1	2	3	4	5	6	7	8	9	10

After attending this conference, what is your level of knowledge or understanding about the following afib-related areas? (1 = none, 10 = thorough)

Causes & risk factors	1	2	3	4	5	6	7	8	9	10
Medications	1	2	3	4	5	6	7	8	9	10
Stroke risk	1	2	3	4	5	6	7	8	9	10
Stroke prevention	1	2	3	4	5	6	7	8	9	10
Procedures	1	2	3	4	5	6	7	8	9	10
Afib overall	1	2	3	4	5	6	7	8	9	10

What were the most valuable things you learned at the conference? _____

CONFERENCE EVALUATION AND FEEDBACK

**Get in Rhythm.
Stay in Rhythm.®**

Atrial Fibrillation Patient Conference

August 5–7, 2022

What actions do you plan to take as a result of what you learned from the conference? _____

May we email you in 2–3 months to find out what actions you took because of what you learned at the conference, and your results? Please provide your contact information:

Name: _____

E-mail address (please print): _____

Phone number (as backup option): _____

How did you travel to the 2022 Get in Rhythm. Stay in Rhythm.® Atrial Fibrillation Patient Conference?

- ☐ By Airplane
- ☐ By Car (stayed at the hotel)
- ☐ By Car or Mass Transit (commuted daily, staying somewhere other than the host hotel)
- ☐ Other (please specify): _____

Please share your comments about the conference, including program, speakers, venue, food, etc. _____

What should be added, or covered in more detail, at our next conference? Do you have any other suggestions for our next conference? _____

☐ Please subscribe me to the StopAfib.org email newsletter at this email address (please print):

Thank you for attending the 2022 Get in Rhythm. Stay in Rhythm.® Atrial Fibrillation Patient Conference and for providing us with this feedback. . We hope to see you at the live event again next year.

AGENDA

All times are Central Daylight Time (CDT)

Friday, August 5, 2022

8:30 AM-10:00 AM	Opening and Getting the Best Care
10:00 AM-10:30 AM	Break and Visit Sponsors
10:30 AM-12:00 PM	Managing Lifestyle to Manage Afib
12:00 PM-1:30 PM	Lunch (provided in Gold Room) and Visit Sponsors
1:30 PM-3:00 PM	Medication Approaches to Prevent Afib Risks
3:00 PM-3:30 PM	Break and Visit Sponsors
3:30 PM-4:20 PM	Devices for Preventing Afib Strokes
4:20 PM-5:00 PM	Resources and Wrap Up
5:00 PM-6:30 PM	VIP Reception (Gold Room)

Saturday, August 6, 2022

8:30 AM-10:00 AM	Afib Surgery Updates
10:00 AM-10:30 AM	Break and Visit Sponsors
10:30 AM-12:00 PM	Catheter Ablation Updates—Part 1
12:00 PM-1:30 PM	Lunch (provided in Gold Room) and Visit Sponsors
1:30 PM-3:00 PM	Catheter Ablation Updates—Part 2
3:00 PM-3:30 PM	Break and Visit Sponsors
3:30 PM-5:00 PM	How to Participate in Afib Research and Wrap Up

Sunday, August 7, 2022

8:30 AM-10:00 AM	Digital Health for Afib Patients
10:00 AM-10:30 AM	Break and Visit Sponsors
10:30 AM-12:00 PM	Living with Afib, Takeaways, and Closing